

## 2013 UAlbany Men's Cross Country Best Times of the Year

### 8,000-Meter Run

| Rank | Name                 | Year | Time     | Avg. Mile | Meet                                   |
|------|----------------------|------|----------|-----------|----------------------------------------|
| 1    | Christopher Buchanan | Jr.  | 25:16.15 | 5:05      | Paul Short Invitational (10/05/13)     |
| 2    | James Sommer         | So.  | 25:42.22 | 5:10      | America East Championship (11/02/13)   |
| 3    | Andrew Pirnie        | Jr.  | 26:07.40 | 5:15      | Paul Short Invitational                |
| 4    | Jonathan Moore       | So.  | 26:12.25 | 5:16      | Paul Short Invitational                |
| 5    | John DeLallo         | Jr.  | 26:17.1  | 5:17      | America East Pre-Conference (09/07/13) |
| 6    | Dylan Lowry          | Sr.  | 26:23.05 | 5:18      | America East Championship              |
| 7    | Raymond Farinella    | So.  | 26:25.40 | 5:19      | Paul Short Invitational                |
| 8    | Youness Benzaid      | Sr.  | 26:33.54 | 5:21      | America East Championship              |
| 9    | Peter Schweitzer     | Jr.  | 27:04.4  | 5:26      | UAlbany XC Invitational (10/19/13)     |
| 10   | Eric Billinson       | Jr.  | 27:18.6  | 5:30      | UAlbany XC Invitational                |
| 11   | Zachary Cook         | Jr.  | 27:57.9  | 5:38      | America East Pre-Conference            |
| 12   | Conner Farrell       | Fr.  | 28:08.2  | 5:40      | America East Pre-Conference            |
| 13   | Patrick Rowan        | Fr.  | 30:14.1  | 6:05      | UAlbany XC Invitational                |
| 14   | Chad Barker          | Fr.  | 31:08.4  | 6:16      | UAlbany XC Invitational                |
| 15   | Daryl Subran         | Sr.  | 33:06.4  | 6:40      | UAlbany XC Invitational                |

### 10,000-Meter Run

| Rank | Name                 | Year | Time    | Avg. Mile | Meet                                       |
|------|----------------------|------|---------|-----------|--------------------------------------------|
| 1    | Christopher Buchanan | Jr.  | 31:34.6 | 5:06      | Northeast Regional Championship (11/15/13) |
| 2    | James Sommer         | So.  | 32:01.8 | 5:09      | Northeast Regional Championship            |
| 3    | Dylan Lowry          | Sr.  | 32:40.0 | 5:15      | Northeast Regional Championship            |
| 4    | Youness Benzaid      | Sr.  | 33:00.3 | 5:19      | Northeast Regional Championship            |
| 5    | Jonathan Moore       | So.  | 33:16.8 | 5:21      | Northeast Regional Championship            |
| 6    | Peter Schweitzer     | Jr.  | 34:00.7 | 5:28      | Northeast Regional Championship            |
| 7    | Eric Billinson       | Jr.  | 34:03.3 | 5:29      | Northeast Regional Championship            |